

ICA RELAXED SCREENINGS

How to get here

Address

The Mall, London SW1Y 5AH

Sunday opening hours

12pm – 11pm

Exhibition closes at 9pm

Bar closes at 10pm

Bookshop and Desk close at 11pm

Entrance



- Wheelchair Accessible
- Step-free
- Automatic sliding doors
- Assistance dogs welcome

This is our main entrance on The Mall, which is the main public entrance we recommend visitors to use. This entrance also has wheelchair access. If you are unsure that you are at the right entrance or location, please ask our Public Advisors at the main desk, who are more than happy to help.

Closest Tube stations



Piccadilly Circus
520 steps



Charing Cross
590 steps

Closest Bus stops

Note: no bus route goes to the Mall directly.

T Trafalgar Square 222 steps

P Haymarket / Charles II Street
370 steps

C Museum Street 1628 steps



Who you will meet



Public Advisors



Operations and
Visitor Services
Manager



Ethan (host)

All staff will be wearing an ICA lanyard, you can use this to identify us if you need any assistance.

Info & Sales

Available for you:

- Blankets
- Ear plugs
- Ear defenders
- Hand sanitiser



When you arrive, you'll meet the Public Advisors on the desk. They will either take your name and give you your ticket or sell you a ticket.

The foyer and cinemas are equipped with an induction loop system for visitors using hearing aids.

Toilets



- The door slides open and closed via a handle
- There are grab bars at the side of the toilet
- The toilet flushes by a sensor, which is behind you
- Roll under sink in the toilet
- Lifting tap faucets
- Twist lock
- Width: 7 × 5'4 ft

Accessible toilet is marked on the outside with a wheelchair symbol.

In every ground floor set of toilets there are 4 cubicles. The set of toilets closest to the main door entrance also has an accessible toilet.

Each cubicle also has a different coloured light: red, blue or green. The accessible toilet has a standard white light.

Cinema 1



Cinema 1 has step free access from our main Mall entrance and is accessible by ramp.

The screening room is lit well upon entrance and departure with off-white bulbs. Music will be playing before the trailers begin.

We have a wheelchair allocated space with a seat for a companion next to it. This space is in front of the door and has easy access. This is what your view looks like from this seat:

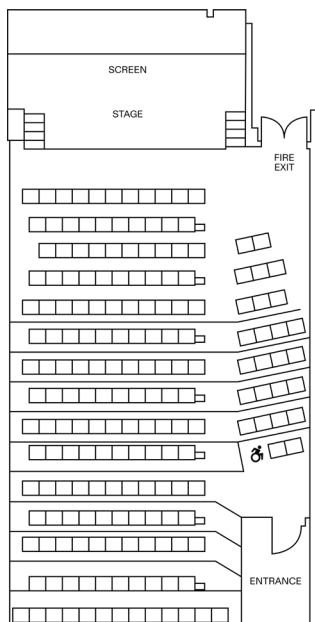


These are our seat size dimensions:
W 42 × D 45 × H 52

Arm rest either side of the seat dimensions:
L 27 × W 7 × H 20

There is no assigned seating. If you require a specific seat, please reserve this in advance via the access@ica.art email.

All seats are hard back, have a crushed velvet feel and they do not recline.



Cinema 1: seating plan

Studio



Quieter area

The Studio will be open during your visit. You can use this space if you feel like you need to take a break. This space will be available from 2 – 6pm. There is no music played here, and the general public will not be using this space.

The studio is only accessible by stairs. These stairs are in the cinema lobby space and sign posted towards the studio space. These stairs are back of house stairs, so the lighting level is low. The studio space has natural light from the windows.

Discussion

After the screening we will also use the Studio to hold our discussion. It is lit by overhead strip lights and the rooms are usually a lot quieter than our ground floor.

The Studio will be set up in a relaxed discussion style with chairs set up in a round. Ethan will host this discussion and it will last around an hour. Please feel free to ask any questions you like and to come and go from the discussion and space when you like.

Screening info

Timings of the Relaxed Screenings

2:20pm Screen doors open
2:40pm Introduction
2:50pm Film starts
5:00pm Discussion

A bit about Ethan

Dr. Ethan Lyon is a graduate of the University of Southampton with his thesis 'Distorted Screams, Double Lives: Autism and Gothic Horror Cinema, 1931 – 1967'.

He is a co-host of the Autism Through Cinema podcast and has presented Relaxed Screenings at the British Film Institute since 2022. Currently an independent researcher, Dr. Lyon is passionate about film's power to communicate the lived experience of disability, especially autism, to film fans of all backgrounds.

About the film

Kinds of Kindness
2hr 45min

The latest film from Yorgos Lanthimos is a triptych fable, following a man without choice who tries to take control of his own life; a policeman who is alarmed

that his wife who was missing-at-sea has returned and seems a different person; and a woman determined to find a specific someone with a special ability, who is destined to become a prodigious spiritual leader.

The discussion

The discussion will involve you reflecting on watching the film and how that relates to your experience of neurodiversity. You do not need to have a diagnosis or be neurodivergent to take part- this discussion is for everyone to participate in. The discussion will be a safe space and we ask you to be respectful of everyone participating.

After the screening

If you have visited our cinema then you will receive a complimentary ticket to our exhibition space. The galleries and building may become busier and louder.

You are welcome to stay in the exhibition or go back in after taking a break in the Cafe/Bookshop. Show the member of staff outside the entrance to the exhibition your sticker to re-enter the Lower Gallery.

After the screening

Exhibition



If you have visited our cinema then you will receive a complimentary ticket to our exhibition space. The galleries and building may become busier and louder.

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Feedback

This is the second relaxed screening at the ICA. We hope to receive feedback from our visitors, hosts and staff to use for future screenings. With the hope that we will run monthly relaxed screenings going forward, every other month they will be hosted with the option for an afterwards discussion.

We hope that you enjoy this relaxed screening, there will always be things we can change and adapt. We would love to hear from you about suggestions and changes that we can make.

If you have any suggestions or changes to discuss with us, please email millie.wright@ica.art

For more specific access requirements and enquiries please email access@ica.art